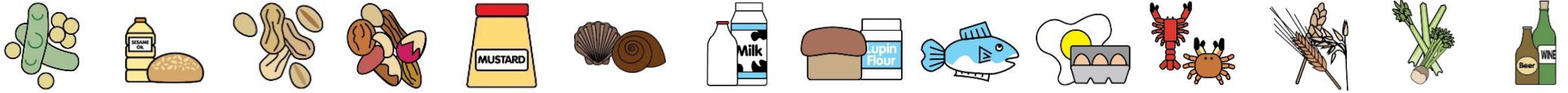


# Dishes and their allergens –Week 1 (Feb 23 – July 23)

Duke of Bedford Primary School



Monday	Tuesday	Wednesday	Thursday	Friday
<b>Ham pasta</b> Wheat flour, mustard, milk <b>Garlic bread</b> Wheat, milk	<b>Breaded fish fillet</b> Wheat flour, fish	<b>Chilli con carne</b> Celery	<b>Roast Chicken</b> No allergens <b>Yorkshire pudding</b> Wheat flour, eggs, milk <b>Gravy</b> Wheat flour, barley, soya	<b>Fish fingers</b> Wheat flour, fish
<b>Cauliflower cheese</b> Wheat flour, milk	<b>Cheese flan</b> Wheat flour, milk, eggs	<b>Moroccan stew</b> Sulphur dioxide <b>Cous cous</b> Durum wheat semolina	<b>Roasted vegetable slice</b> Wheat flour	<b>Cheese &amp; tomato pizza</b> Wheat flour, milk
<b>Apple whirligig</b> Wheat flour, milk <b>Custard</b> Eggs, milk	<b>Pancake</b> Wheat flour, eggs, milk	<b>Fruit crunch pot</b> Oats, milk	<b>Vanilla cookie</b> Wheat flour	<b>Chocolate fudge cake</b> Wheat flour, eggs, milk

Review date:

29/01/23

Reviewed by:

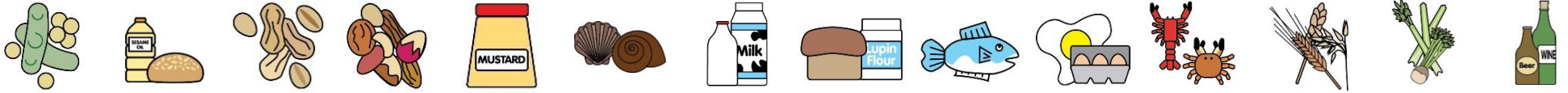
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# Dishes and their allergens –Week 2 (Feb 23 - July 23)

Duke of Bedford Primary School



Monday	Tuesday	Wednesday	Thursday	Friday
<b>Meatballs</b> Eggs, wheat flour <b>Spaghetti</b> Wheat flour	<b>Beef burger</b> Wheat flour, soya protein, sodium metabisulphite, celery	<b>Chicken curry</b> Celery	<b>Pork sausages</b> Wheat, soya, sulphur dioxide	<b>Fish star</b> Wheat flour, fish
<b>Vegetable meatballs</b> Barley malt extract, oat flour	<b>Bap</b> Wheat flour	<b>Veggie curry</b> Celery	<b>Veggie sausages</b> Wheat, eggs	<b>Cheese &amp; tomato pizza</b> Wheat flour, milk
<b>Garlic bread</b> Wheat flour, milk	<b>Rice crispy cake</b> Barley, milk	<b>Naan bread</b> Wheat flour, milk	<b>Rainbow cookie</b> Wheat flour, milk	
<b>Rice pudding</b> Milk		<b>Oaty fruit crunch</b> Oats, wheat flour <b>Custard</b> Eggs, milk		

Review date:

29/01/23

Reviewed by:

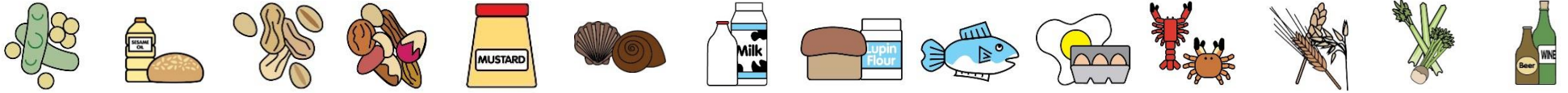
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# Dishes and their allergens –Week 3 (Feb 23 – July 23)

Duke of Bedford Primary School



Monday	Tuesday	Wednesday	Thursday	Friday
<b>Cowboy casserole</b> Wheat, soya, sulphur dioxide	<b>Chicken nuggets</b> Celery, wheat, eggs, milk	<b>Beef bolognaise &amp; pasta</b> Wheat, mustard	<b>Roast Chicken</b> No allergens <b>Yorkshire pudding</b> Wheat flour, eggs, milk <b>Gravy</b> Wheat flour, barley, soya	<b>Fish fingers</b> Wheat flour, fish
<b>Veggie cowboy casserole</b> Wheat, eggs	<b>Quorn nuggets</b> Wheat, eggs, milk	<b>Quorn bolognaise &amp; pasta</b> Egg, barley malt extract, wheat flour	<b>Cheese whirl</b> Wheat flour, eggs, milk	<b>Cheese &amp; tomato pizza</b> Wheat flour, milk
<b>Raisin cookie</b> Wheat flour, eggs	<b>Fudge tart</b> Wheat flour, milk <b>Chocolate sauce</b> Milk, eggs	<b>Garlic bread</b> Wheat flour, milk	<b>Apple flapjack</b> Oats <b>Custard</b> Eggs, milk	<b>Chocolate cookie</b> Wheat flour, eggs
		<b>Lemon drizzle cake</b> Eggs, wheat flour		

Review date:

29/01/23

Reviewed by:

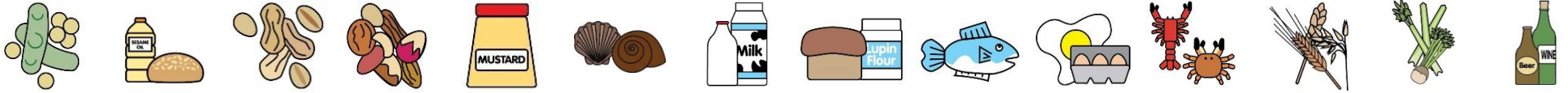
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# Dishes and their allergens –Week 4 (Feb 23 – July 23)

Duke of Bedford Primary School



Monday	Tuesday	Wednesday	Thursday	Friday
<b>Beef patty</b> Egg <b>Pitta bread</b> Wheat flour, wheat starch	<b>Hotdog sausage</b> Wheat, soya, sulphur dioxide	<b>Sweet &amp; sour sauce</b> Mustard, soya bean, wheat flour, malted barley	<b>Cottage pie</b> Celery <b>Gravy</b> Wheat flour, barley, soya	<b>Fish star</b> Wheat flour, fish
<b>Broccoli bake</b> Wheat flour, milk	<b>Hotdog roll</b> Wheat flour	<b>Noodles</b> Wheat flour, eggs	<b>Macaroni cheese</b> Wheat flour, milk, mustard <b>Garlic bread</b> Wheat flour, milk	<b>Cheese &amp; tomato pizza</b> Wheat flour, milk
<b>Spaghetti hoops</b> Durum wheat semolina		<b>Fruit oatmeal bar</b> Oats, wheat flour, milk, eggs	<b>Cookie</b> Wheat flour, eggs	<b>Cupcake</b> Wheat flour, eggs
<b>Apple pie</b> Wheat flour <b>Custard</b> Eggs, milk				

Review date:

29/01/23

Reviewed by:

Rachel Hutchins

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