

PSHE at The Duke of Bedford

Intent

At The Duke of Bedford Primary School PSHE is seen as integral to children's wellbeing and attainment. The intent for our curriculum is to enable children to develop the knowledge, skills and attributes they need to keep themselves healthy and safe, and prepare for life and work in the future in modern Britain. Our PSHE curriculum contributes to our school's ethos and HEART values by promoting equalities, tackling discrimination and bullying, and developing cultural awareness to prepare children as positive members of our community.

Implementation

At The Duke of Bedford we teach PSHE weekly, following the 'Cambridgeshire Primary Personal Development Programme' framework which is designed to build progressively, teaching knowledge and skills as the pupils grow and mature and journey from Reception through to Year 6. Our lessons give children the opportunity to share their ideas through role play, discussions and reflection.

The framework covers key strands in personal development;

- [Myself and My Relationships](#)
- [Healthy and Safer Lifestyles](#)
- [Citizenship](#)
- [Economic Wellbeing](#)

These strands cover all existing learning outcomes specified in the National Curriculum, selected areas of learning for the Early Years Foundation Stage and incorporate a range of other important areas like personal safety education, relationships and health education and promoting fundamental British Values.

In addition, the themes of the PSHE scheme are enhanced through Class, Key Stage and Whole School assemblies, which are led by members of staff. Children are also provided with a range of everyday experiences which play an important part in promoting their social, moral, spiritual, cultural, economic, mental and physical development.

The Duke of Bedford has shared HEART values and common expectations of children's personal development and social interaction. Adults are role models and children are treated with respect by adults and fulfil the behaviour expectations outlined in the behaviour policy.

Impact

The impact of our whole school PSHE curriculum is that all children will develop vital knowledge and skills that can be transferred into their wider lives. There will be improvements in pupils' communication skills and confidence. Children will feel that school is a safe environment and will be comfortable to share their concerns and worries, knowing that people will listen. Children will have respect for themselves and others. They will leave school with a deep understanding of themselves and how to relate with each other. Children express that PSHE lessons help them to become better people and make them more confident for the future. Impact is monitored through discussions in lessons, children's work in books, reflections and teacher assessment. Pupil voice is gathered to ensure our curriculum is centered around the needs of our children.

As children progress through the PSHE curriculum, they become equipped to deal positively with issues like conflict resolution and mental wellbeing, helping them to reach their full potential.